

Women Dancing VII

When: Dawn on Sunday March 21st 2021

Where: Wherever you are in the World



**Join us for the 7th Annual 'Women Dancing'
to Patti Smith's album 'HORSES'**

We invite all **women** who love moving, dancing and generally being alive to join us in Women Dancing. Women Dancing is a radical act of celebratory activism which marks the Spring Equinox on **Sunday March 21st 2021** in the Northern Hemisphere (Autumn Equinox in the Southern Hemisphere).

We shall begin dancing at precisely **6am local time (whatever that is for you)** and **dance the sun up** - check for exact time of sunrise wherever you are! Arrive and be ready for 5.45 to ensure you are in time to begin!

This is a **dance of gratitude** for the cycles of nature - to the sun for coming up, and Spring for coming around.

Socially distanced, creatively connected.

Though the pandemic and Covid-19 might cause us to be 'socially distanced' we shall be creatively connected in our collective dance.



The invitation is to put on a **black dress** and dance to **Patti Smith's** iconic album '**Horses**' – the music represents a meditation on life, death and memory. It's both an incantation and prayer. For over forty years '**Horses**' has represented one of the most powerful musical statements ever made.

This is similar to '**silent disco**' in that we will all listen to the same music through headphones, dancing to the same tracks in the same order at the same time. The invitation is to dance alone or dance with others (within covid protocol guidelines). This is freestyle dancing – waving arms and legs, contemporary, extemporary, po-go, whatever. It's not about the choreography it's about **letting yourself be danced** and letting your soul play.



Women Dancing will happen whatever the weather! All you need to do in advance is download '**Horses**' onto your music device, get yourself a black dress, decide where you want to dance, who with and turn up at your chosen place in time for the dance to begin. We all **press 'PLAY'** at **exactly 6am** to ensure we keep a collective timing. The album lasts for **43 minutes and 10 seconds**.

We welcome you whether you love dancing but never do, or love dancing and do so at every possible opportunity. This is about dancing for the joy of it, dancing because your soul needs to or dancing because that's the only thing you can do in this time of global confusion and chaos.

We welcome you if you are in your first decade or your last. It's about the feel not the look of what we do. This is not a spectator sport nor is it a charity event or a world record-breaking contender. There may be two of us, there may be two hundred. Those of us that turn up will be the right ones.

Dance for the earth, the sky, the sun, someone you love or someone you've lost.



Women Dancing 2021 Film

We plan to make a short film of Women Dancing VII using footage from as many participating women as possible. If you'd like to contribute please send short clips (no more than 1 minute) of your dancing to us. We will try and include as many contributions as possible.

Please send links to your clips using Dropbox,

WeTransfer or an equivalent platform to:

womendancing@outlook.com.

Location: Wherever you are.

Logistics: There is no cost to participate. The invitation is to self-organise.

You are welcome to forward this invitation to anyone who you think would like to join the dance. Women Dancing welcomes women, those who identify as women and non-binary.

Women Dancing was born in Wales.

In previous years, it has happened at Caswell Bay on Gower, Ynys Las Beach near Borth, Dinefwr Castle in Llandeilo, Llyn Cau on Cadair Idris, Castell y Bere in Tywyn, in various locations in Sweden and Canada and many other unknown and out of the way places.

Women Dancing 2020

<https://vimeo.com/399457479>

Women Dancing 2019

<https://vimeo.com/327424962>

Women Dancing 2018

<https://vimeo.com/410958345>

(Thanks to Eleanor Brown for films)

www.emergence-uk.org