

The Re-enchantment Project Presents
Women Dancing VI
Sunday March 22nd 2020 at Dawn
Castell y Bere, Wales



Join us for the 6th Annual 'Women Dancing'
to Patti Smith's album 'HORSES'

We invite all **women** who love moving, dancing and generally being alive to join us at Castell y Bere, in Mid Wales. Women Dancing is a radical act of celebratory activism to mark the Spring Equinox on **Sunday March 22nd 2020**. (The Sunday nearest the Equinox).

We shall begin dancing at precisely **6am** and **dance the sun up** (sunrise at 6.13am). Arrive and be ready for 5.45 to ensure you are in time!

This is a **dance of gratitude** for the cycles of nature - to the sun for coming up, and the spring for coming around. This is freestyle dancing – waving arms and legs, contemporary, extemporary, po-go, whatever.

The invitation is to put on a **black dress** and dance to **Patti Smith's** iconic album '**Horses**' – the music represents a meditation on life, death and memory. It's both an incantation and prayer. For over forty years 'Horses' has represented one of the most powerful musical statements ever made.

This is similar to '**silent disco**' in that we will all listen to the same music through headphones, dancing to the same tracks in the same order alongside one another (don't press 'shuffle!'). The invitation is to dance alone or dance with others. It's not about the choreography it's about **letting yourself be danced** and letting your soul play.

Women Dancing will happen whatever the weather! All you need to do is download 'Horses' onto your music device, get yourself a black dress and turn up. We all **press 'PLAY' at exactly 6am** to ensure we keep a collective timing. The record lasts for **43 minutes and 10 seconds**. We will be finished and on our separate ways by 7am (or bring food and a flask and share an early morning breakfast!).

We welcome you whether you love dancing but never do, or love dancing and do so at every possible opportunity. This is about dancing for the joy of it, dancing because your soul needs to or dancing because that's the only thing you can do in this time of global confusion and chaos.

We welcome you if you are in your first decade or your last. It's about the feel not the look of what we do. This is not a spectator sport nor is it a charity event or a world record-breaking contender. There may be two of us, there may be two hundred. Those of us that turn up will be the right ones.

Dance for the earth, the sky, the sun, someone you love or someone you've lost.

Logistics & Location: Castell y Bere, Llanfihangel-y-Pennant, Tywyn LL36 9TP

Wild Women Camping: To ensure you arrive in time you might like to consider wild camping at or near the location. There is no cost to participate. The invitation is to self-organise. All welcome.

Please forward this invitation to anyone who you think would like to come.

Yours Truly,

The Re-enchantment Project

Women Dancing in previous years have happened at Caswell Bay on Gower, Ynys Las Beach near Borth, Dinefwr Castle in Llandeilo and Llyn Cau on Cadair Idris and in unknown locations in Sweden and Canada... If you can't get to Castell y Bere, organise your own and let us know... Join in the dance!