

The Re-enchantment Project presents

Women Dancing X

Sunday March 24th, 2024, at Dawn

Venue: Anywhere & Everywhere



Join us for the TENTH Annual 'Women Dancing'
to Patti Smith's album 'HORSES'

We invite all **women** who love moving, dancing or generally being alive to do a solo ritual or join with one another for a radical act of celebratory activism in honour of the Spring Equinox on **Sunday March 24th 2024**.

We will begin dancing at **dawn to dance the sun up** (check sunrise near your location).

This is a **dance of gratitude** for the cycles of nature - to the sun for coming up, for the spring for coming around. This is freestyle dancing – waving arms and legs about, contemporary, extemporary, po-going, whatever.

The invitation is to put on a **black dress** and dance to **Patti Smith's** iconoclastic album '**Horses**' – it represents a meditation on life, death, and memory. It's both an incantation and prayer. For over forty years 'Horses' has represented one of the most powerful musical statements ever made.

This is similar to '**silent disco**' in that everyone listens to the same music through headphones, dancing to the same tracks in the same order alongside one another (don't press 'shuffle'!). The invitation is to dance alone or dance with others. It's not about the choreography, it's all about **letting yourself be danced** and letting your soul play.

Women Dancing will happen whatever the weather! All you need to do is download **'Horses'** onto your music device, get yourself a black dress and turn up. You could do this at home, in your back garden, in bed (!) or join with others in a special place like a beach or a mountain!

We will all **press 'PLAY' at dawn which is around 6am. Check this website to get the exact sunrise time for your location**

<https://www.timeanddate.com/sun/uk>.

The record lasts for **43 minutes and 10 seconds**. You will be finished and on with your day (or back to bed!) by 7 in the morning.

We welcome you whether you love dancing but never do, or love dancing and do so at every possible opportunity. **We welcome you if you love dancing and know you can, or love dancing but think you can't**. This is about dancing for the joy of it, dancing because your soul needs to or dancing because that's the only thing you can do in this time of global confusion and uncertainty.

We welcome you if you are in your first decade or your last. It's about the feel not the look of what we do. Audiences at 6am will be few and far between so this is not a spectator sport nor is it a charity event or a world record-breaking contender. There may be two of us dancing, there may be two thousand. Those of us that turn up will be the right ones. Post your gathering here and we can tune into one another!

You can dance for the sea, the sky, the sun, for peace, for justice, for sanity. You can dance for someone you love or someone you've lost. This ritual simply supports the desire to move our bodies in celebration in the open air.

Please send this invite to anyone who you think would like to participate.

Until we meet at dawn. Anywhere and everywhere!

The Re-enchantment Project
@ Emergence
www.emergence-uk.org