

The Changing Room:

An Emergence online gathering

Third Sunday of every month, 6-8pm GMT

A space for connection and deep listening.



Photo: Breda Murphy

Throughout 2024, we're offering a new Emergence Initiative, The Changing Room: a guided online space for us all to meet others in the Emergence network, share time with one another and to speak and hear and stories of change.

The Changing Room is an opportunity for us to come together in a **space of deep listening and openhearted sharing**, at a time of extreme change and challenge.

There will be a time for a brief check in, grounding practice, structured sharing on a theme, a space to share forthcoming projects and initiatives, and a check-out.

The Changing Room is specifically designed as a drop-in session to meet new friends and re-connect with those we might already have met. You can come to one session or sign up to all twelve. It is open to all 'Friends of Emergence' with a maximum group size of fifteen people.

The zoom room will open at 5:55pm, we will formally open our circle at 6pm, and we will close at 8pm GMT. There will be a short break during the session.

Bring yourself, a desire to connect, and an open heart.

We look forward to being together.

Where: Zoom.

When: Third Sunday of the month, 6-8pm GMT.

Tickets from £15-£5 – Book via Eventbrite.

**If you are interested in finding out more
or to receive the Eventbrite link contact info@emergence-uk.org.
Book well in advance as spaces are limited.**

The Changing Room is an Emergence Initiative
www.emergence-uk.org

