

Space for Change 2020

A Rite of Passage in Nature

"A much-needed resource for people seeking change & growth."



6th – 12th July

Spirit Horse, Mid Wales

With Fern Smith & Philip Ralph, Artists & Wilderness Guides

- Who do you choose to be at this great time of transition?
- Do you want to live more closely with the elements and the cycles of nature?
- Are you ready to mark a rite of passage in your life – a threshold, a point of separation, a new state or identity?

Many of us are currently reflecting on where we are in our own lives and how we might evolve to meet and serve the demands of life on earth in the 21st century. As a species, we are undergoing a collective rite of passage with all the challenge and uncertainty that involves. Something is dying and something new, powerful and necessary is being born through each one of us.

Space for Change is a unique form of guided retreat which includes nature practices and medicine walks, personal and group processes and opportunities to create self-generated ceremonies on some of the most wild and magical land in Wales. Space for Change offers an introduction to nature based ceremony whilst being a powerful initiatory practice in itself.

"A space for change has opened a new way of perceiving nature for me and by nature, I mean everything, my own life, the landscape, food, animals, interconnection, history. It was thrilling, exquisitely beautiful and profoundly vital." Previous Participant



Teaching

"Space for Change is one of those rare and powerful opportunities to face your reality as it is; I celebrated what is truly alive in me, honoured some things that had died and shone more light on all I can be." Previous Participant

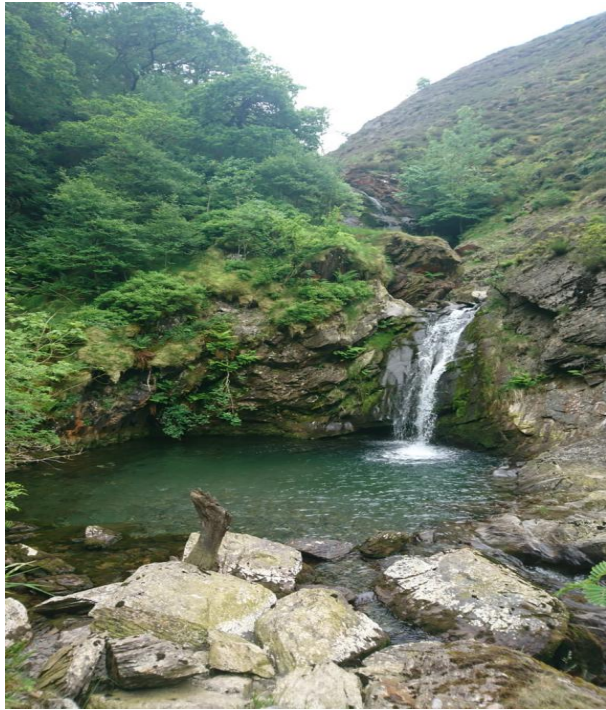
Space for Change is based on The Four Shields - a map of the human psyche, the energies of the four directions and the qualities of the four elements. It is both an ancient and modern teaching which draws on pan cultural traditions as

developed by Steven Foster and Meredith Little of The School of Lost Borders in California. <http://schooloflostborders.org/>

After successful careers in the arts, Fern and Phil have both spent the last decade immersing themselves in a variety of spiritual traditions, facilitation techniques, and change processes. Fern has trained as a wilderness rites of passage guide with the School of Lost Borders, as well as working as a life coach, craniosacral therapist, facilitator and celebrant. Phil has trained with Margaret Wheatley as a Warrior for the Human Spirit, offers a unique hybrid of storytelling and stand-up and has taught story and transformation at Schumacher College.

The teaching we offer is intended to enable each initiate to dig deeply into their own biography, identifying and sharing unique gifts, challenges and limiting beliefs which might prevent them from living their fullest lives. We offer the teachings of Council (a means of deep speaking and listening from the heart), daily assignments and medicine walks based on the Four Shields of human nature. There will also be opportunity for time alone for contemplation and one-to-one coaching to clarify intentions. The process will culminate in a dusk until dawn solo ceremony.

It is our profound hope that each participant will return to the world re-invigorated and with a fresh sense of purpose. There are only eight places available on Space for Change in order to give each initiate sufficient time and space in what promises to be an intense, joyful and life-affirming ceremony.



Location

"Thank you so much for your wonderful facilitation; it was so invigorating to have that time to feel solid, vulnerable, strong and connected. Fern and Phil are two of the most compassionate, generous and wise soul-facilitators I have come across." Previous Participant

Space for Change will be held at The Spirit Horse retreat centre, nestled in the most spectacular camp ground in Britain set amongst the glittering rock faces, wild wooded gorges, rock pools and waterfalls of Wild Wales.

It is a village of celtic roundhouses and yurts, waterfalls, sacred fires and temples, cradled in 200 acres of Welsh forest returning to its wild nature, offering a spiritual retreat and workshop centre for a revolving community of tribal ways, where the ancient soul has a place by the fire.

The settlement also features a permanent sweat lodge, a sauna, a tibetan Dakini temple, warm cosy carpeted meeting lodges with wood fire stoves, a fully equipped off grid kitchen with fresh drinkable spring water, ample parking space and compost toilets in line with our low impact ethos.

The entire venue is off grid, offering total privacy and seclusion. To preserve the integrity of this sacred and beautiful wild land location, directions to Spirit Horse will be sent to you upon booking.

<https://www.spirithorse.co.uk/>

"It was an extremely rich and significant week for me; making such a clear intention and working with it has been really empowering." Previous Participant



Fern Smith

Fern is an artist and wilderness guide, trained at the School of Lost Borders in California. She first Quested with David Wendl Berry in 2011. Since then she has been bringing earth based practices and the Four Shields consciously into her work. Her background is as a theatre practitioner and co-founder of [Volcano Theatre](#). She developed [Emergence](#) in 2010, creating spaces for transformation, nature connection and dialogue. She is an associate of the Annwn Foundation, craniosacral therapist, celebrant and coach.
www.fernsmith.uk

Space for Change Guides

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"I thought the way Fern and Phil organised things and took such good care of us was exemplary! It was a really special and significant week." Previous Participant



Philip Ralph

Phil is co-director of Emergence and, for the past five years, has been training alongside Margaret Wheatley on her Warriors for the Human Spirit programme. He has studied Way of Council, undertaken Vision Quest and also assisted Pippa Bondy of Ancient Healing Ways. Phil is also an award-winning writer and performer. www.philipralph.com

"A powerful encounter with what is alive in you. An exploration of life, death and the space in between." Previous Participant

Travel

The nearest train station is Machynlleth. We can collect and drop you off at the station so you can travel to us via public transport. Alternatively, if you come by car, there is space for you to park at the site.



Food

All food, drinks and snacks are included in the fee and will be provided and cooked in the Spirit Horse kitchen. All meals will be vegetarian.

Participation Fee

The fee to participate in Space for Change is £600. This includes all teaching, food and camping costs. We are happy to discuss payment in instalments. Deadline for registration is May 1st 2020 though early booking is advised as places are limited to eight participants.

Bookings & Deposit

To speak to us and/or secure your place with a £100 non-refundable deposit, please contact us:

Fern: 07528 527836 – fernsmith@gmail.com

Phil: 07791 975820 – philiparalph@gmail.com



We look forward to welcoming you.

Space for Change is an Emergence Initiative.

Emergence creates transformational spaces for dialogue and inner, outer and nature connection.

www.emergence-uk.org